



## ST. JAMES THE APOSTLE CHURCH

14 Gleneida Avenue  
Carmel, NY 10512

### Mass Schedule

**Saturday Evening:** 5:00pm

**Sunday:** 8:00am, 10:00am and  
Noon

**Monday - Friday:** 7:30am &  
9:00am In the Chapel of Life

**Saturday:** 8:00am—Chapel

**Recitation of The Rosary:**  
Weekdays 8:30am, Chapel

**First Friday Adoration:**  
Chapel, 4:00pm - 5:30pm

**Miraculous Medal Novena:**  
Monday after the 9:00am Mass,  
Chapel

### Confession in St. James

**Saturday:** 4:00pm - 5:00pm  
(Or By Calling The Parish Office  
For An Appointment)



## OUR LADY OF THE LAKE MT. CARMEL CHURCH

1 Doherty Drive, Carmel, NY 10512

### Mass Schedule

**Saturday:** 4:00pm

**Sunday:** 9:00am, 11:00am and  
12:30pm - Mass in Polish

### Confession in OLL/Mt. Carmel

**Saturday:** 3:00-3:45pm

## **Mission Statement**

*St. James the Apostle & Our Lady of the Lake/Mount Carmel is a Roman Catholic Parish with the Eucharist as the center of its life. Our mission, as disciples of Jesus Christ, is to build up the Kingdom of God by leading, nourishing and serving the community in Word and Sacrament.*

## February 4, 2024 Fifth Sunday in Ordinary Time

### Pastoral Staff

**845-225-2079**

Rev. Fr. Robert Quarato, Pastor, Ext. 106

Rev. Fr. Szymon Kurpios, Vicar, Ex. 115

Rev. Fr. John Tran, Vicar, Ext. 111

Deacon Scott Bierbaum

Deacon John Scott

Deacon Arthur Weiner

Deacon Anthony Gruerio, Retired

Trustees: Stephanie & Jonathan Nix

### Parish Staff

#### St. James Parish Office

Fax: 845-225-5566

**Patricia DeNota, Secretary and Bulletin  
Editor, Ext. 102**

patricia.denota@stjamesapostle.org

**Noreen Greco, Bookkeeper, Ext 104**

### St. James School

**845-225-9365**

Maura Crawford, Principal

Joanne Mascia, Assistant

### Religious Education

**845-225-6504**

Kathleen Ife, Director

Michele Verga, Elona Valjevic

### Music Director

Jane Pratt, 845-225-5310

### Sick Calls And Emergencies

*For those in danger of death or a true  
serious emergency, please call our  
Emergency Number, 845-494-6313*

### Parish Office Hours:

**Monday - Friday:** 8:00am to 5:00pm

Closed for Lunch 12:45pm to 1:30pm

**Saturday:** 3:00pm to 6:00pm

**Sunday:** 8:00am to 2:00pm

### Religious Ed. Office Hours:

**Monday–Thurs.** 12:00am to 3:00pm

Friday- Office Closed

Saturday by appointment

### Parish Website:

www.stjamesapostle.org

### School Website:

www.stjamescarmel.org

### Religious Ed. Website:

www.religioused.stjamesapostle.org

### St. Sebastian's Columbarium

At Our Lady of the Lake Church.

For information, call Fr. Quarato,  
845-225-2079, Ext. 106.

### Gift Shop Hours:

Sundays, 8:30am to 1:30pm

For info call the Parish Office.

## **WELCOME TO THE PARISH OF ST. JAMES THE APOSTLE**

## **AND OUR LADY OF THE LAKE/MT. CARMEL**

Thank you for joining in our Eucharistic celebration. If you are a visitor, we welcome you and are glad that you are with us today. We hope that you will find nourishment for your faith and life here. If you have recently moved into our Parish, please come to the Parish Office at St. James to register and introduce yourself to the priests and staff.

**+ LENT 2024 +**

Lent is a holy season in our Church's year. It is holy because it calls us in a special way to holiness and encourages us to adopt holy habits of prayer, fasting, and almsgiving. We should try to attend Mass as often as we can during Lent and pray the Rosary and make the Stations of the Cross. We should try to practice some form of self-denial or self-discipline during Lent – so that we might in some small way identify ourselves with Christ who was crucified for us. Also, we should try to make special sacrifices during Lent and practice acts of charity and almsgiving – and it is fortunate that the Cardinal's Stewardship Appeal continues throughout Lent so that we have a very practical opportunity to assist the Church's works of charity in New York.

During Lent the redder shade of purple is used if available, evoking the Blood of Jesus shed for us. The Pascal Candle (normally by the Baptismal Font) is put aside during Lent, brought out only for baptisms and funerals. Flowers are noticeably absent. Dried natural materials and bare and thorny branches remind us of passion themes. The penitential nature of Lent calls for specific seasonal music as well. Pain chant will be used at Mass.

Consider joining us:

**The Chapel of Life is open for prayer**

Monday – Friday from 6:00am to 7:00pm

Saturday from 7:00am to 7:00pm

Sunday from 6:00am to 3:00pm

**Daily Mass**

**The Chapel of Life**

Monday – Friday at 7:00am, 9:00am, 12:00pm

Saturday at 8:00am

**Morning Prayer**

**The Chapel of Life**

Monday – Friday at the beginning of the 9:00am Mass

**Stations of the Cross**

**St. James the Apostle Church**

Friday at 1:15pm with the School Community

**Our Lady of the Lake/Mt. Carmel Church**

Friday at 7:30pm Stations in English

Wednesday 7:30pm Mass and Stations in Polish

**Confession**

**St. James the Apostle Church**

Saturday from 4:00pm-5:00pm

**Our Lady of the Lake/Mt. Carmel Church**

Saturday from 3:00pm-4:00pm

**Parish Office**

Monday – Friday during Office Hours

(please call to make sure that a priest will be available for confession)

**Parish Mission**

March 2-3 at all Masses

March 4-6 9:00am Mission Mass,

7:00pm Mission Mass and Devotion

**FEBRUARY 14<sup>th</sup>**

**ASH WEDNESDAY + A DAY OF FAST  
AND ABSTINENCE**

**Mass with the distribution of Ashes:**

**St. James the Apostle Church**

7:30 am, 9:00 am, 12:00 noon and 7:00 pm.

**Our Lady of the Lake/Mt. Carmel Church**

7:30pm Polish.

**Also, at St. James**

4:00 pm Liturgy of the Word (no Mass) with the distribution of Ashes.

8:00-9:00 pm, Ashes only & Confession:

**LENTEN FAST AND ABSTINENCE**

During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fast and abstinence.

+Lent begins on Ash Wednesday and ends on Holy Thursday.

+Ash Wednesday and Good Friday are days of fast and abstinence. This is a serious matter within Church law.

+Fasting means only one full meal a day may be taken. Two smaller meals can be eaten to maintain physical strength but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics ages 18-59 are obliged to fast on Ash Wednesday and Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

+Abstinence forbids the eating of meat or poultry. Those who have reached the age of 14 are obliged to abstain on Ash Wednesday and all Fridays of Lent and continues to oblige throughout their lives. Those who are not specifically obliged to abstain from eating meat are urged to join in the discipline of abstaining to the extent that they are able.

+Remember all Fridays of the year are designated as days of penance during which we are encouraged to practice self-denial out of gratitude for the suffering and death Jesus accepted for us.

**"I have called you by name."  
JOIN US FOR A UNIQUE EXPERIENCE**

With Video from "The Chosen" Series and the corresponding Biblical text, together we study the life of Jesus through the eyes of those who follow Him and learn how **"WE ARE CHOSEN!"**

Join Fr. Quarato in Doherty Hall,  
Thursday evening February 8th 7–9 PM  
*Bring your Bible*

## *This Week At Our Parish*

### **ANNOUNCED MASS INTENTIONS**



#### **ST. JAMES THE APOSTLE**

##### **SATURDAY, FEBRUARY 3, 2024**

8:00AM LISA MARIE TORCHIANO

5:00PM EMANUEL PELLEGRINI

##### **SUNDAY, FEBRUARY 4, 2024, FIFTH SUNDAY IN ORDINARY TIME**

8:00AM EUGENE WOODS

10:00AM KEVIN CALLAGHAN

12:00PM BERNADETTE DEVANNY

##### **MONDAY, FEBRUARY 5, 2024**

7:30AM KITTY, TOM AND ANN NEARY

9:00AM PADDY KENNEDY

##### **TUESDAY, FEBRUARY 6, 2024**

7:30AM MARY ELIZABETH SCHNEIDER

9:00AM RAY THOMAS

##### **WEDNESDAY, FEBRUARY 7, 2024**

7:30AM THOMAS O'BRIEN

9:00AM FILOMENA BUCCIERO

##### **THURSDAY, FEBRUARY 8, 2024**

7:30AM PEGGIE, TONY AND THOMAS MCPHELM

9:00AM HELEN CARZO

##### **FRIDAY, FEBRUARY 9, 2024**

7:30AM ANNA CUMMINS

9:00AM ANNA JORDAN

##### **SATURDAY, FEBRUARY 10, 2024**

8:00AM CARMEN DELUNA

5:00PM ABBONDAZIA AND FRANK POZZUTO

##### **SUNDAY, FEBRUARY 11, 2024, SIXTH SUNDAY ORDINARY TIME**

8:00AM MARY AND CHARLES STRNATKO

10:00AM FRANK TRANZILLO

12:00PM BILL CAHILL

#### **OUR LADY OF THE LAKE/MT. CARMEL**

##### **SATURDAY, FEBRUARY 3, 2024**

4:00PM JAMES CRANSTON

##### **SUNDAY, FEBRUARY 4, 2024, FIFTH SUNDAY IN ORDINARY TIME**

9:00AM TERENCE DENENY

11:00AM MARA TUSHAJ

12:30PM PEOPLE OF OUR PARISH - MASS IN POLISH

##### **SATURDAY, FEBRUARY 10, 2024**

4:00PM KRYSTAL CASCETTA-TALTY AND BELLTA TALTY

##### **SUNDAY, FEBRUARY 11, 2024, SIXTH SUNDAY ORDINARY TIME**

9:00AM GAIL PRETI

11:00AM ERNEST BIERBAUM

12:30PM PEOPLE OF THE PARISH - MASS IN POLISH

### **TO EVERYTHING THERE IS A SEASON AND A TIME FOR EVERY PURPOSE ON EARTH AND IN HEAVEN**

#### **A TIME TO BE BORN: THOSE BAPTIZED:**

ANTONIO JOHN SCALA

#### **A TIME TO HEAL: THOSE WHO ARE ILL:**

ROSE BIERBAUM, NANCY ADAMS, EVELYN GERGES, ELSA GAROSALO, JESSICA HARTZELL, LAURA MALLEY, BRIDGER JENNINGS, MARIA RODRIQUEZ, JANICE BASELICE, JAMES CARIEO, ANTHONY CISCIONE, ZOFIA KOPACZ, ADAM KOPACZ, STANISLAWA KOPACZ, JADWIGA KLIZ, ALICJA KUCHAR, GRACE KNOEHEL, DEBRA TORRES, DON POMPA, CHARLANE GRUETTO, MARGARET SARTORIS, TERESA SIEGEL, MICHELE STAFFORD, MIKE ANDROSICO, JESUS TORRES, JIM OAKES, JEANNE LOPIORE, DAVID SAMBORA, IRENE PLADL, MICHAEL BUSHNELL, JAMES EUGENE PLOCHACKI, ELINOR CARIDDO, MARIA RAYPETERA, LOUIS PROSOS, MICHAEL FRAAD, MARY FRANCIS MCCARTHY, WILLIAM MCGREEVY, SR., ANGELO NARCISE, TRISH CALLAHAN, CAROLANN FLAHERTY, LINDA KRUMHOLTZ, APRIL GRIFFIN, PAT AND LUCY GOLIA, JEAN MARIE HOLMES, ALAN O'BRADY, ELSA GORASALO, ANNA GILDARELLA, HILTON PEREZ, DAN KEARON, JOHN ZACCHIO, MICHAEL TORRES, GEORGE CIANICIO, LORRAINE BUSHNELL, JULIA MALDONADO, JANE PRATT, TERESA AND JULIE D'ALESSANDRO

#### **TIME TO DIE: THOSE WHO HAVE DIED:**

SR. KATHLEEN FITZGERALD, RALPH FEDERICI

#### **TIME TO LOVE: UNITED IN MATRIMONY:**

#### **A TIME FOR WAR AND A TIME FOR PEACE:**

PLEASE PRAY FOR OUR MILITARY PERSONNEL ESPECIALLY THOSE IN HARM'S WAY. WE PRAY FOR PEACE IN THE MIDDLE EAST AND UKRAINE.

#### **COLLECTING OLD PALM**

Please deposit unwanted old, blessed palm branches in the container outside the Sacristy by Sunday February 11<sup>th</sup>. The palm will be burned, and the ash used on Ash Wednesday.

#### **SAINT VALENTINE'S DAY RENEWAL OF VOWS AT ALL MASSES - FEB. 10 -11!**

**World Marriage Day will be celebrated in our parish at all the Masses the weekend of February 10th-11th.**

After the homily, married couples (in *valid* Catholic Church marriages) will be invited to renew their vows and receive a special blessing. Plan to bring the spouse (and the kids)! *Congratulations to all our married couples!*



### FATHER QUARATO'S PILGRIMAGE 2024 LOURDES AND THE SHRINES OF FRANCE

Join Fr. Quarato on a 12-day Catholic Pilgrimage Tour to France, including: Lourdes, Toulouse, Carcassonne, Avignon, Lyon, Ars, Paray le Monial, Nevers, Chartres, Lisieux, Mont St. Michel, Normandy and Paris. **September 16–27, 2024.** \$4,795 all-inclusive from New York (JFK) / \$800 single supplement. Daily Mass. For more information contact: Pilgrimage Tours, 1766 Schersersville Road, Allentown, PA 18104. 1-800-278-1351. E-mail: [PilgrimageTours@aol.com](mailto:PilgrimageTours@aol.com). Brochures are available at the church doors.

St. Joseph's Seminary and College in Yonkers will be hosting an evening lecture entitled **"Reaching Young People on Difficult Issues in Catholic Moral Theology"** with Dr. Charles Camosy, a nationally recognized Catholic moral theologian. He will discuss best practices for reaching young people on difficult moral issues. Including the defense and support of venerable human life, the creation of human beings as male and female, and other contemporary ethical questions.

Date and Time: Thursday, February 22nd,  
at 7:00 pm

Location: St. Joseph's Seminary Prayer Hall  
and also online via Zoom.

Tickets: \$25

More Information and registration:

<https://>

[SJSCamosyLectureSpring24.eventbrite.com](https://SJSCamosyLectureSpring24.eventbrite.com)

Questions: [sjsacademics@dunwoodie.edu](mailto:sjsacademics@dunwoodie.edu) or  
914-968-6200 x8145

### 2023 Tax Statements

If you would like a tax statement for 2023 please call the Parish Office.

We will need your name, phone number and **envelope number**. Also, please inform us if you use **on-line giving** for your donations.

The statement will be mailed to you unless you ask us to hold it for pick-up.

### Oppose Assisted Suicide

The New York State Legislature has once again re-introduced the Medical Aid in Dying Act, bill number S2445 / A995. This bill will allow doctors to legally prescribe a lethal dose of pills at the request of a patient with a terminal illness or condition. **The St. James Respect Life Group will have pre-written letters to our State Senator Peter Harchham for you to sign, asking him to desist from promoting this bill.** Letters are available in the church lobbies. Our similar campaign a few years ago was very successful, and we ask for your support once again to keep this legislation from reaching the NYS Assembly and Senate floors for a vote.

### WEEKLY MEMORIALS

#### FEBRUARY 10 TO FEBRUARY 16, 2024

THE SANCTUARY CANDLE BURNING IN  
THE CHAPEL OF LIFE

**IS IN MEMORY OF BARBARA HOWARD**

DONATED BY PAT DeNOTA AND MARISA LAMB

THE SANCTUARY CANDLE BURNING IN  
ST. JAMES CHURCH

**IS IN MEMORY OF RUDI LAMPERSBERGER**

DONATED BY BETSY LAMPERSBERGER

THE SANCTUARY CANDLE BURNING IN  
OUR LADY OF THE LAKE/MT. CARMEL CHURCH

**IS IN MEMORY OF WANDA E. CRUZ**

DONATED BY SHEL MERR

THE BREAD AND WINE BEING USED IN  
OUR LADY OF THE LAKE/MT. CARMEL CHURCH

**IS IN MEMORY OF WANDA E. CRUZ**

DONATED BY SHEL MERR

### **New Women's Ministry at St. James (W.I.N.E.)**

If you would like to be part of a community of women who wish to grow in their Catholic Faith, and in their relationship with Jesus, and to share that walk with like-minded women, join us on Saturday, February 17 at 9:30am in Doherty Hall. The meeting will last about an hour. Please bring a friend.

### **Be-Informed - February is Black History Month**

On the 8<sup>th</sup> is the Memorial of St. Josephine Bakhita, Virgin. Watch: *Bakhita: From Slave to Saint* or *A Place at the Table: African Americans on the Path to Sainthood*. Listen to: *Saved in Hope*. Also Watch: *Tolton: From Slave to Priest*. (You may access Formed from our Website)

## ZOOM BIBLE STUDY

Our next Zoom bible study will start in the beginning of Lent with Fr Toups. We will be using **The Lenten Companion: Walking with Jesus to Jerusalem** which is available on Ascension Press for \$13.95. Our first session on Zoom is Monday, February 12 at 7pm for the introduction video then continue for 6 weeks with the last session on Monday, March 25.

This Lent, **experience deeper peace and healing** as Fr. Mark Toups immerses you in Christ's final journey to Jerusalem, inviting you to reflect on Jesus' suffering and death, and inspiring you to celebrate in his resurrection. More than just a journal, *The Ascension Lenten Companion* will guide you, day by day, to an encounter with the person of Christ and help you arrive at Easter transformed by God's love. Please RSVP if you plan to join us at ktunney1@comcast.net. As always feel free to invite a friend. You can order the book at Ascension Press.

<https://ascensionpress.com/collections/the-ascension-lenten-companion-walking-with-jesus-to-jerusalem>

## ASHES AND HEARTS

Some may have noticed that Ash Wednesday, February 14th, the first day of Lent and a truly penitential day is also the observance of St. Valentine's Day. The romantics among us may have practices associated with the one, while the faithful embrace the discipline connected with the other. (We leave it with you to sort that out.) Remember, though, that as Catholics we must observe most strictly the first day of Lent while perhaps accommodating the commendable Valentine tenderness. We encourage you to take unusual advantage of Carnivale, Mardi Gras, Shrove, or "Fat" Tuesday. Simply do the Valentine thing on "St. Valentine's Eve" which, in any event, is a traditional party day. Hopefully, piety and romance will thus both be served.

## Upcoming Cursillo Weekends

The *Cursillos de Cristiandad* is an international lay movement founded in 1944 in Spain by a group of laymen aimed at teaching men and women how to become more effective Christian leaders in parishes, work situations, and other environments. The weekend retreats help participants to form a closer relationship with Christ and a deeper experience of Christian community. It was officially recognized by Pope St. Paul VI, who designated the *Cursillos* as a renewal movement of the church.

**Our 2024 schedule in English is as follows:**

**Men's #221: March 14-17, Mariandale, Ossining**  
**Women's #224: April 11-14, St. Francis, Peekskill**

For more details or application, call Anne at:  
914-373-9798 or [am50harrison@gmail.com](mailto:am50harrison@gmail.com)

**Our Lady of the Lakes Council #6318**

2024 Lenten

FEATURING OUR DELICIOUS WEEKLY SPECIALS!

4:30-7:30 p.m. LENTEN FRIDAYS

**Fish Fry**

Beer-battered wild-caught fish fillets, fries, & coleslaw with all the fixin's!

**Fridays: Feb. 16, 23 & March 1, 8, 15, 22**

**Also serving: Linguine w/ White Clam Sauce, Shrimp Scampi and Fried Clam Strips**

**Dine In/Take Out - PRE-ORDER AT: CARMELKNIGHTS.ORG/FISHFRY**

Orders must be in by Thursday evening for the upcoming Friday.

10 Fair Street - Carmel, NY - Curbside Pickup Available

## The Knights of Columbus Comedy Night in conjunction with FRAN CAPO Comedy Productions Presents:

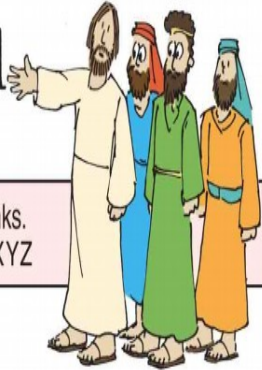
### A THREE HEADLINER SHOW

**Knights of Columbus Hall, 10 Fair Street, Carmel**  
**Saturday March 23 2024, Doors Open: 6 PM,**  
**Buffet: 7-8 PM, Showtime: 8 to 10**  
**Price: \$100 per person all-inclusive Includes:**  
**Open Bar, appetizers, Buffet Dinner, Dessert and Comedy Show.**

**Catered by LUIGI's RESTAURANT**  
**NO SEATS WITOUT PAYMENT IN FULL:**  
**For Ticket purchase Contact:**  
**Bobby Palazzo 845-216-1997 or Charlie Grimmer 845-222-7392**



Jesus said, "Let us go somewhere else, to the nearby villages, so I can preach there also. That is why I have come."



Add or subtract letters to fill the blanks.  
ABCDEFGHIJKLMNOPQRSTUVWXYZ

Q+2 Q-2 D+4 C+2

W-3 T-2 B-1 S+3 D+1 M-1 B+3 E-1

V-2 J-2 O+3 N+1 S+2 J-3 I-1 L+3 S+2 X-4

E+2 D-3 J+2 L-3 N-2 C+2 G-2

O+1 Q+1 H-3 C-2 F-3 F+2 K-2 M+1 E+2 K-2 O-1

S+1 F+2 B+3 F+3 Q+1

P+3 Z-1 L+2 B-1 I-2 Q-2 C+4 W-2 A+4 W-4

F-5 M+1 B+2 B+2 Q+1 G+2 U+1 J-1 M+1 I-2

M+2 V-1 V-2 E-1 D+1 K+2 P-1 P-2 T-1



# Children's Worship Bulletin™

Ages 7+

February 4, 2024 • Mark 1:29-39

## Jesus Heals Many People



Fit the squares into the puzzle.

